

Visitation Checklist:

- ✓ Complete screening including temperature check
- ✓ Sign the visitor log
- ✓ Perform hand hygiene
- ✓ Face covering/Mask covering nose and mouth throughout visit
- ✓ Maintain 6 feet distance from resident throughout visit
- ✓ Visit only in the designated area as directed by the center staff
- ✓ Visits are scheduled in advance and for a designated length of time
- ✓ Notify the center immediately if you develop symptoms or test positive for COVID-19 after visiting your loved one

Visitors that do not pass screening will not be allowed to visit. During visitation, failure to follow staff instructions on COVID-19 infection control, such as but not limited to: wearing face covering/mask throughout visit over nose and mouth, maintaining 6 feet distance from resident, refusal to complete visitor screening, hand hygiene, the visitor will be asked to immediately leave the center.

**Please be advised that certain states may have additional requirements so please be sure to speak with a care center representative about their visitation requirements. Centers that have reported a positive case in their center will not be open for visitation and will not re-open upon all staff and residents have tested negative. Exceptions for Compassionate Care visits will apply in accordance with CMS guidelines.*



Facts:

Symptoms- Fever or chills, cough, difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea

Older adults and those with underlying chronic medical conditions are at higher risk, according to the CDC.

Hand sanitation by washing or sanitizing your hands is the best way to prevent spread of infections

WEAR YOUR MASK CORRECTLY

- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2



USE A MASK TO HELP PROTECT OTHERS

- Wear a mask to help protect others in case you're infected but don't have symptoms
- Keep the mask on your face the entire time you're in public
- Don't put the mask around your neck or up on your forehead
- Don't touch the mask, and, if you do, clean your hands

FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



TAKE OFF YOUR MASK CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place mask in the washing machine
- Wash your hands with soap and water



Practice social distancing

If you are around other people, keep 6 feet between you when possible. Avoid hugs, handshakes, large gatherings and close quarters.

What can you do to protect yourself and your loved one?

- Wash your hands frequently
- Cough or sneeze into your elbow
- Clean and disinfect surfaces
- Don't touch your face, nose, mouth or eyes
- Wear a mask when in public
- Maintain 6 feet of social distancing



Personal masks are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a mask, see:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)